



GATEWAYS TO
TRANSFORMATION

Farm & Retreat Center

Home of

Rites of Passage
&

The Phoenix Rising Programs

www.RitesOfPassage.co

303-859-7385

Gateways to Transformation presents the Phoenix Rising Equine Therapy and Coaching Certification Program Level One available



Our goal for this work is to help educate, promote, and support all levels of professionals to become proficient in Equine Therapy and Coaching and learning and authentic “equine coaching and therapy” work which honors and integrates your natural intelligence and ability to grow into your next best self or help your clients heal to heal issues by working with horses as co-creators in both therapy or coaching situations.

The Phoenix Rising Level One Equine Therapy & Coaching Certification Level One Cost –

Our five-day class is \$2,000.00 plus 100.00 a day for onsite housing while doing program. This will include several daily sessions with participants both being immersed in sessions themselves in the arena and also becoming the coach or therapist watching other sessions to see from both sides of what it feels like to work with horses in session as copartners.

We will also have an after lunch daily session with questions and answers about how to start your own work or any other questions that you need answered about how to move ahead in this type of therapy or coaching. Some of those questions could be,

- **What are you looking at working with doing equine sessions in your own work? Growth and learning** i.e., moving yourself forward towards your next steps in how you want your life or your next steps at work to go. **Sample issues to work with.**
 - Starting a business – How to get started.
 - Graduating from college and moving successfully into being an adult
 - Learning how to have a successful relationship

- Risk and growth in any area
- **Specific issues - Sample issues to work with.**
 - being stuck in your process
 - Working with others to accomplish your goals successfully
 - Communication
 - etc.
- **From the Horses viewpoint** - Whether you have worked all your life with horses or you have never worked with horses before, if you are trying to interpret what you are seeing in a session and you have not learned to communicate fully with the horses doing the session, you are at a disadvantage and not really utilizing this type of potential. Learning what horses are telling you in sessions, not just what your clients are telling or showing you leaves you with all of the information about what is going in instead of just half.
 - Understanding your horse - How horses communicate - body language and energy
- **How to evaluate the whole situation happening in the arena** and utilize the experiential component to move your client forward towards what they are trying to accomplish:
- **Out in the arena as a client or a Coach or therapist - Practice** -
 - what did you learn doing the session and what did you learn watching others in a session.

Current Dates for 2026 are below and available to sign up for now. An invoice will be sent to you upon sign up with the contract for service. You can sign up to come in a day ahead or leave a day later if needed.

April 20th through 24th 2026	Level One
May 25th through 29 th 2026	Level Two
June 22nd through 26 th 2026	Level One
July 27 through 31 st 2026	Level One
August 24th through 28 th 2026	Level Two
Sept 21st through 25 th 2026	Level One
October 19th through 23 rd 2026	Level Two
November 30th through December 4th 2026	Level Three

This certification is available to sign up for at any time up to a week before the certification begins. We limit each certification participation to 10 people. Things done in nature will be changed according to the time of year you are coming to do this work. Available all year long.

Contact Alisha Adrian 303-859-7385 or email gatewaystotransformation@gmail.com to sign up to start this certification.

Name of Participant: _____

Signature of Participant: _____ Phone: _____

Address: _____

Email Address: _____

Date you will to attend Level One Certification: _____

www.gatewaystotransformation.com
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